



WTP7 Workshop Report

Leading with Wholeness & Purpose with Pinuccia Contino

13th May 2022 - 13:00-14:30 CEST



"Each of us has her own way to be. There is no point in 'copying' others or wishing we were like them. However, we can get inspired from them and fulfil the needs we have our way."

For the third workshop of the 7th edition of the Women Talent Pool (WTP) leadership programme, WIL Secretary General Pinuccia Contino, Head of the Unit "Product safety and Rapid Alert System" at the European Commission and Ambassador of Applied Compassion (certified by the university of Stanford), led a unique workshop on Leading with Wholeness, aimed at providing tools and principles to accompany our Talents in their growth as authentic leaders with a clear sense of purpose. Noting that the pandemic has enhanced the importance of authenticity and compassion in leadership, Pinuccia introduced key concepts like wholeness, common humanity, humility and kindness, and led short meditation exercises and group discussions on what the Talents had experienced.



WTP7 Talent, Marta Fit, Head of GLC Europe, Senior Legal counsel at Capgemini, provided a thoughtful wrap-up of the session in which she re-emphasised the importance of self-awareness in leading a team effectively and with compassion, and the benefits of meditation and self-reflection to be able to start leading ourselves.