



## WTP8 Workshop

"Balancing Risk and Opportunity" with Eléna Fourès 16 November | 13:30 - 15h CEST



'At the end of every day, you should ask yourself: did you dare?'

For the seventh workshop of the Women Talent Pool 8th edition, Eléna Fourès, Coach and Founder of IDEM Per IDEM Consulting, offered our Talents insights into how to understand risk and seize opportunities in order to have greater impact as leaders and advance in their careers. In her inspiring presentation, she drew on her 30+ years experience in coaching to explain how female ambition could often be stunted by negative self-perception and limiting beliefs rather than external factors. She shared the importance of properly analysing risks, including understanding how we are wired and react to different situations, emphasising that when the barrier of lack of self esteem is overcome, women can truly assess what they want and are capable of, and can dare to seize opportunities, harvesting personal and professional growth.



Talents had the opportunity to ask Eléna their questions, gaining invaluable advice on how to make firm decisions, avoid self-doubt, and your priorities in personal professional life in order to analyse risk and opportunities better.

WTP8 talent Tetiana Nasadiuk, Senior Account Manager at Lenovo gave an illuminating wrap-up of the session, sharing her key takeaways with the group and ending with the reflection 'we all deserve to dare.'









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